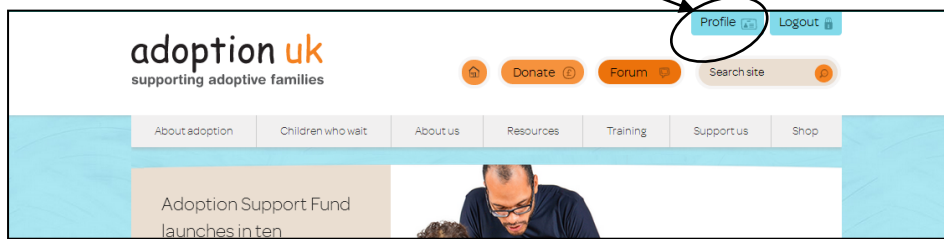


How to turn notifications on and off

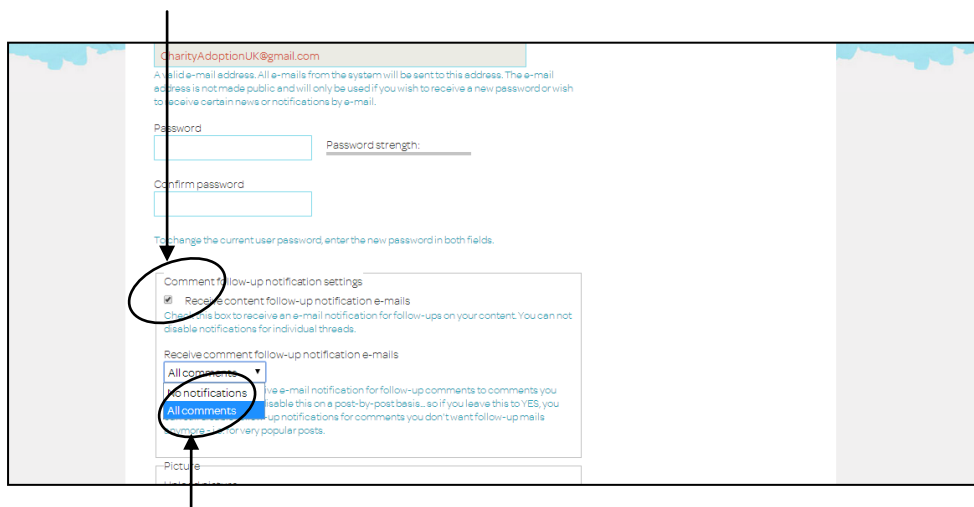
Once you are logged in, click on the 'Profile' button at the top of the page.



Then, click on 'Edit Profile'.



Check this box if you would like to receive an email every time someone comments on a thread you have started.



If you set this to 'All Comments' you will receive an email every time someone comments on a thread you have commented on.

If a thread is very busy and you don't want to receive an email every time a new comment is posted you can turn the notification emails off by unselecting the tick box below the comment box on that thread. (Please note that you can only turn email notifications on and off each time you comment.

